

## If you are bullied:

### DO:

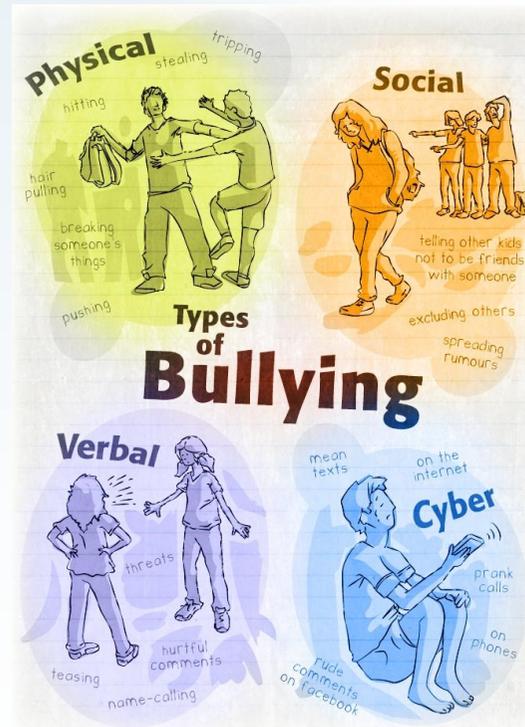
- Ask them to STOP if you can
- Use eye contact and tell them to go away
- Walk away
- Ignore them - act as though you don't care what they say or do

**BUT ALWAYS TELL SOMEONE**



### DON'T:

- Don't hit them back
- Don't swear or say anything back
- Don't fight back
- Don't ask someone to hurt them back



# Weobley Primary School



## Child-Friendly Anti-Bullying Policy

September 2016



*Keeping children safe.*

When is it bullying?

# Several Times On Purpose



What is bullying?

In Weobley we think of bullying behaviour as when someone hurts another person several times with a wish to hurt, frighten or upset them.

## Examples of Types of Bullying:

**Emotional:** Hurting people's feelings, leaving you out

**Physical:** Punching, kicking, spitting, hitting, pushing

**Verbal:** Being teased, name calling

**Racist:** Calling you racist names

**Cyber:** Saying unkind things by text, email and social media

When is it not bullying?

- Accidents
- Fallouts with friends
- Something that has only happened once

What should I do if I am bullied?

# Start Telling Other People



Who can I tell?

- A friend
- A teacher or other member of staff
- Mum/Dad or your Carer
- Use the safeguarding post-box or the website Whisper Button



What should I do if I see someone else being bullied?

- Don't walk away and ignore the bullying
- Tell an adult in school about the bullying
- Report it using the safeguarding post-box or the website Whisper Button



All of the staff in Weobley Primary School will work together to:

- Make our school a place where everyone can feel safe and happy. That means no bullying is allowed.
- We will help everyone get along with each other and we believe that everyone has the right to be who they are.

